

# Morrison HOME

*Improving the Lives of Youth, Families, and Communities*

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## ABOUT OUR PROGRAM

It is Morrison Home's mission to provide a safe, caring, therapeutic, and home-like environment where boys with psychiatric, educational, and social challenges can best develop the skills and character necessary to rejoin their communities with success.

### Morrison Home provides youth with:

- Cognitive Behavioral Therapy
- Dialectical Behavioral Therapy
- Social Thinking Curriculum
- Social Empathy
- Anger Management
- ARC
- Attachment Theory
- Motivational Interviewing



## TREATMENT & EDUCATION

Morrison Home offers treatment by a Licensed Clinician for individual, group, and family therapy. Licensed Special Education Teacher and staff offer an individualized, functional, and well-rounded curriculum in a safe and therapeutic environment, providing a life skills curriculum to help youth develop healthy relationships, effective communication and problem-solving skills in order to interact positively with family, friends, and the community. Opportunities for vocational training are available.

## ARC TRAUMA-INFORMED CARE MODEL

Morrison Home bases program treatment on the ARC (Attachment, Regulation and Competency) model, believing that the key to success is based on Self-Regulation. This model provides a comprehensive framework for intervention with children, adolescents, and their caregivers. The staff plans and organizes individualized interventions that promote resilience, strengthen child-caregiver relationships, and restore developmental competencies disrupted by chronic, multiple stressors. ARC is a strengths-based model, which emphasizes the importance of building or rebuilding safe relational systems. It focuses on caregiver communication, skill-building, stabilizing internal distress, and enhancing regulatory capacity in order to provide children with skills that can be generalized to enhance resilient outcomes.

## OUTINGS & OUTDOOR ACTIVITIES

Physical activity and nature are good for the mind, body, and spirit. Morrison Home offers outdoor activities and takes advantage of the spectacular surroundings of the area. Outings are not only planned in the local parks, but in the community, including restaurants, shops, libraries, and recreational centers, and more.

